



THE GUELPH FOOD BANK

Hunger Hurts, Please Give

100 Crimea St. Guelph, Onatrio, N1H 2Y6
PH: 1-519-767-1380 FX: 1-519-824-1640
gfb@spiritwind.ca
www.spiritwind.ca

Number of Hours _____

- Student Volunteer Hours
- Co-operative Hours
- Court Appointed Hours
- Other _____

Please complete all relevant questions detailed on this form. All information provided will be kept confidential. The answers will help us to match your skills, interests and abilities to the needs of our centre(s). This will ensure a meaningful experience for you. Volunteers may be asked to complete a Volunteer Police Check.

NAME (Please print) (First & Last)	Work Phone Number	Home Phone Number
ADDRESS (#, Building, Street)	CITY	POSTAL CODE
Date of Birth (Month/Day/Year)	LEVEL OF EDUCATION	E-MAIL

Please check the boxes that best describe you, and fill in any information that pertains to the question. N/A means the question is NOT APPLICABLE.

- Are you currently enrolled in school?** Yes No N/A If yes grade / course _____
- Are you currently employed?** Yes No N/A If yes # or hrs per wk _____
- Would you be willing to drive for the Food Bank?** Yes No N/A
- Do you have a driver's license?** Yes No N/A If yes, what level? G, G1, G2
- Do you have any Demerit Points?** Yes No N/A
- Have you ever done volunteer work before?** Yes No N/A If yes, please fill out following:

Name Of Organization: _____

Type of Volunteer Work/ Skills: _____

- Do you have any disabilities or medical conditions affecting the work you can do?** Yes No N/A
If yes; please use the space below to describe. _____

8. Please check the areas you would be interested in volunteering

- Computers Driving Fund-raising Garage Sales Public Relations Posters Reception
- Special Events Warehouse Gift Wrapping Other _____

9. Please check the best days you are available to volunteer.

- Monday Tuesday Wednesday Thursday Friday Saturday Sunday

10. Please check the best time(s) you are available to volunteer.

- Mornings Afternoons Evenings Weekends Consistently Will Vary

Please note anything else you would like us to know.
